

Behavioral Health and Counseling Services

In addition to individual and family counseling services offered by our Social Service staff that is assigned to each child/family, additional counseling support is provided in the area of addictions by a part-time, experienced **addictions counselor**. Ocean Tides also consults with Quality Behavioral Health (QBH) which provides an initial **psychiatric evaluation** and **medication management** for each young man in the program, if a psychiatric relationship does not already exist. Dr. Mailhot holds monthly meetings at Ocean Tides to consult with Social Service staff, Residential Program Counselors and our teachers. **Anger management and other individualized care** and support is offered through our relationship With New England Consultation Services.

Transition and Aftercare Services

Based at our Providence Family Support and Transition Center (20 Hillside Ave), our Transition and Aftercare worker partners with our social service counselors **throughout a young man's time in the program**. Our Aftercare worker aids to support and manage **family needs, parent education, and monitoring students on weekend or holiday passes**. Parent education programming is designed around the same de-escalation and crisis management approach that is utilized at the Ocean Tides residential program. Additionally, the Transition and Aftercare worker assists families in preparing for the return of their child from residential care. Their work includes **school registration** process, facilitating **youth/family conversations** as needed and assisting young men in continuing to find a path to the best and brightest futures possible. Transition and Aftercare Services start during residential placement and continue for three months following reunification. Case by case decisions are made to continue Transition and Aftercare supports beyond three months if transition outcomes are still not achieved.

RITS Transitional Programming; placements of 90-120 days for young men completing required time at the training school prior to returning to the community are available and considered on a case by case basis. This programming looks to integrate a young man into the overall program while also providing special attention to career interests and future planning.

Ocean Tides Programs and Services Narragansett Center



Ocean Tides

Teaching Minds Touching Hearts Transforming Lives

Contact Information

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Intake and Admissions:

Mr. Ryan Carreau
Mrs. Susan Vogl

Executive Team:

Brother James Martino, FSC	President
Mr. Ryan Carreau	VP, Director of Residential Services
Mr. Charles Couto	Director of Education, Principal Prov. Campus
Mrs. Elizabeth Iovino	Director of Finance
Mr. Christopher Shea	Principal, Narragansett School
Mr. Brian Sullivan	Director of Administration/CQI
Mrs. Susan Vogl	Director of Social Services

Residential Treatment Center-Our Physical Setting

Located on 106 acres across the street from Narragansett Bay in a facility shared with the Christian Brothers and their regional retirement community, Ocean Tides offers a quiet place removed of the chaos of many of our young men's urban settings and homes. Our **non-secure, restraint free** environment respects each individual and works to provide spaces and opportunities conducive to treatment and learning needs. On site recreation facilities include indoor and outdoor basketball courts, outdoor volleyball, softball field and an area to play football. TV and video game rooms are shared spaces among our residences as is the fitness, ping pong and pool table area. Each young man has **his own room** in our 29-room dormitory area with shared bathroom and shower facilities. The student dining room, De La Salle Lounge, school classrooms, science lab, counselor and administrative offices, the larger Christian Brothers Center facilities, a green house, low ropes course, and paths into the woods and along the ocean round out our service environment.



Admissions and Intake Process

Young men (13-19) under the care of DCYF are usually referred and placed through the RI Family Court. These young men are interviewed and their application materials are reviewed on an individual basis by our Director of Social Services and Director of Residential Services. Intake decisions are made based on a young man's **ability to participate and cooperate with the overall expectations of our program's non-secure, restraint free, open campus**. The residential program and school both operate as one large program caring for the needs of all young men at one time. This does not prevent individualized attention and services but sets the context for them. We do not have separate cottages or dorms; all programs and activities are offered using an integrated services model. Issues regarding the nature and reason for juvenile justice involvement as well as **ability to self-manage aggressive behavior and street affiliations** while in the program are vital considerations. Further details about programming features and activities in this flyer will help to understand the match of opportunities to a young man's individual needs. Once a referral is received from DCYF, sources and available information along with a detailed history shared, a decision regarding admissions based on match to our program services and current population is generally made within 24 hours/one business day.

Program Design and Structures

Our integrated program model offers all major program services on-site, with coordinated care provided by a select group of community providers for specific medical, dental, and behavioral health needs. Young men **attend school 220 days of the year**, participate in social service activities and counseling and enjoy a rich collection of recreational opportunities. Young men with an approved visiting resource can earn weekend and school vacation day passes to spend time with their family or visiting resource. Residential and recreational programs are offered seven days a week **to care and provide opportunities for young men without visiting resources**. Student progress is monitored at the monthly meeting of the student's **interdisciplinary treatment team** where goals and plans are adjusted as needed and outcomes are tracked against plans using our **Lasallian Model of Care** and **Service Outcome Action Research** protocol.

The Ocean Tides Narragansett School Program

As a **RIDE licensed and NEASC accredited regular and special education high school**, the Ocean Tides Narragansett School reviews the academic standing of each young man and his school records and designs an academic program that will allow him to make the greatest and fastest progress toward earning his high school credentials. Using a traditional high school model, students move from class to class each period and participate in a full academic program. Students also have access to an array of **vocational education** programs that currently include **culinary arts, computer technology with AutoCAD/3-D printing, horticulture and cosmetology**. **Credit Recovery** opportunities are offered to allow for students to catch up on lost credits or semesters. **Diplomas can be granted when earned**, though are celebrated at a June graduation. **Young men who have already completed high school** will be considered for admission and offered an opportunity to participate in career centered learning using a variety of approaches and opportunities including: on-campus employment, online college course work, online vocational certification (OSHA and others), career center learning, internships and off-campus employment. Ocean Tides has also proven to be highly successful in preparing young men for their **GED examinations**. Math and Reading Specialists along with a full time Special Education Teacher assist students as needed with their learning challenges and goals. Our **summer session is a full academic "quarter or marking period"** to offer credit earning opportunities.

Life Skills, Health Education and Wellness learning, and Special Supports

In addition to the learning prospects offered through the academic program and counseling activities in social services, our Programs and Activities area offers group learning sessions for all students that include **general life skills, decision making, drug education, meditations/mindfulness, stress management, self-esteem insight and support, mental health education, group communication and problem-solving skills, trust building and use of low ropes/challenge course, sexuality education and financial literacy**. Further topics are added based on identified needs of the student population at any given time.

Recreation and Activities programs look to provide opportunities to develop hobbies and interests by providing a wide spectrum of activities and opportunities to all students. These may include outdoor recreation activities, participation in traditional sports, expressive arts activities, barbering, community services and a host of off-property experiences. Programming is offered **seven days a week to all students**. There are also several special recreation opportunities that provide **positive reinforcement for student's good participation** in the program. These opportunities range from a monthly reward trip, to weekly outings for young men who have done well in the program the prior week, to special rewards at the end of the school day each Friday.

Off-Campus Employment opportunities are provided for student's whose personal history and success in the program provide or allow for such placements in partnership with local businesses and are coordinated with Ocean Tides Director of Program and School Counselor.

