



















## A Day at Ocean Tides

Programs, Activities and Opportunities



## **Teaching Minds, Touching Hearts, Transforming Lives...**



8:45am

Morning

Chores

Traditional high school environment: 7 period day, bells ring, students move between classes. Some junior high classes offered with reading and math specialists for support. Special Education teacher and supports available with credit recovery for students. RI credit granting classes, high

school diplomas.

On Campus Employment / Off Campus Jobs and Internships throughout the day and evening as individualized for each young man.



Weekly groups: Substance Abuse, Pet Therapy, Equine Therapy, Ropes Course and others.



**Evening Recreation Programs:** 

Lunch and Recess

3:30pm

During the school day students are

scheduled into Life Skills Groups:

Anger Management,

Decision Making,

Restorative Justice Practices.

Afternoon tutoring, enrichment

activities and programming:

Independent Living Skills,

Fiscal Literacy and others.

School **Day Ends** 

3:35pm Residential Group Meeting and plan for

the afternoon

Recreation: Bowling, Movies, Basketball, Fitness/Lift, Video Games, Outdoor Rec., Volleyball, Cycling, Flag Football, and more.

Weekly Reward Trips, Off Campus programming, in-house tournaments and contests; video games and other activities.

6:15pm

**Dinner** 

9:30pm Goodnight: **Lights Out** 

Evening chores and personal time for hygiene and getting ready for next day. Laundry any time after school

Vocational Education and other classes are part of the school day: Culinary Arts, Computer Tech, CAD and 3D Printing, Horticulture, Cosmetology, Woodshop.



Medical Appointments scheduled during the day as needed for each young man. Includes psychology and psychiatry.

Social Worker / Counselor

appointments throughout the day.

Once a week formal counseling and

other meetings as needed. Extra

counseling sessions as needed,

meetings with social worker and

DCYF staff.

Day Trips/Activities: Monthly Reward Trip, Day Hikes, Camping, Community Service Trips.









9:30am

School









8:15am

**Breakfast** 

7:00am

Good **Morning:** 

**Get Ready** 

for the Day







